



ActivityWall

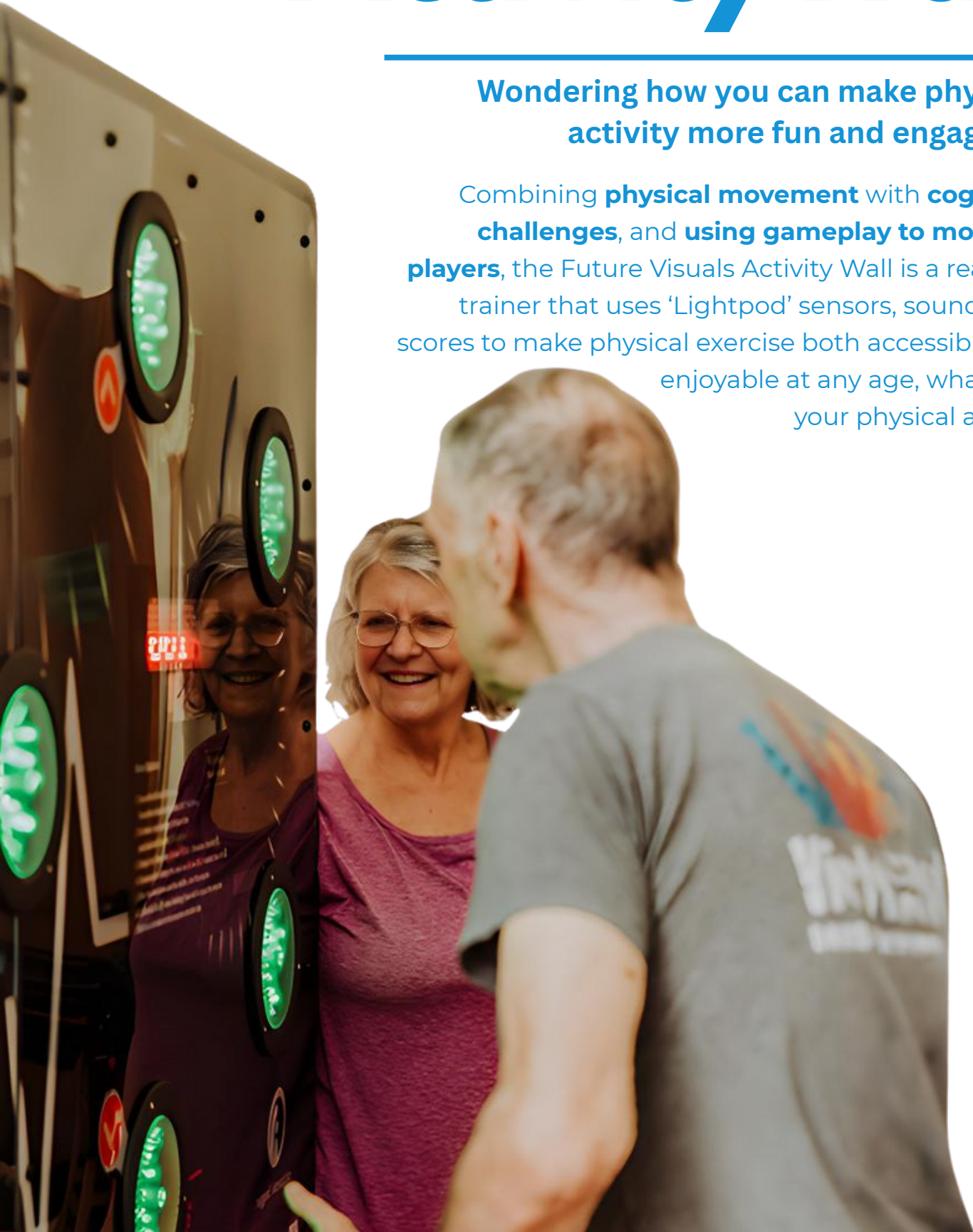
Unlock the Power of Exercise, No Matter Your Ability.



Enhance Motivation with our... **ActivityWall**

Wondering how you can make physical activity more fun and engaging?

Combining **physical movement** with **cognitive challenges**, and **using gameplay to motivate players**, the Future Visuals Activity Wall is a reaction trainer that uses 'Lightpod' sensors, sounds and scores to make physical exercise both accessible and enjoyable at any age, whatever your physical ability.



What our customers say...



“The ActivityWall helps members with their motivation – they always do more than they would in a regular class. When you’re happy and enjoying the session, then you benefit more.”

Amrik Sidhu, Lead Neuro-Physiotherapist
The Brightwell MS Wellness Centre

“The competitive, fun element is crucial. It increases usage and enhances wellbeing, which means happier and healthier.”

Tom Lord, COO
Inspired Villages Group



“The ActivityWall is especially effective as a motivational tool. We have seen improved self-esteem, physical confidence and even social relationships between service users.”

Day Centre Manager,
Hoffman Group, Madrid



ActivityWall

How does it impact everyday life?



Adults of all ages and mobility levels quickly see improvements in **balance, hand-eye coordination, strength, flexibility and mental alertness** with the ActivityWall from Future Visuals, all of which help them to live a more active and independent life.

Cognitive

Physical

Social

“

I find the ActivityWall really good cognitively and for my balance with standing – I don't actually realise I'm standing for so long, which is good. I've seen improvement in my condition, my balance, and definitely my peripheral vision with the chaser game.

Sheila – Member at the Brightwell MS Wellness Centre

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Benefits...

Social Engagement

ActivityWalls are great fun when used in pairs or groups. This encourages social engagement, communication and boosts mood. In fact, this tends to be the most popular piece of equipment within hospital gyms, care homes and rehab centres.



Patient-Staff Interactions

Fundamentally, using an ActivityWall is fun. It's an ideal tool to build rapport and facilitates positive interactions as staff join in and encourage patients to improve their scores. Staff will also enjoy using the wall for their own wellbeing.



Fall Prevention

Falls are the leading cause of injury-related death among adults aged 65+. By using the ActivityWall regularly, players can improve their balance, core strength, and confidence, significantly helping to reduce the risk of falls.



Physical Coordination

ActivityWall games require accuracy, which with repetition helps to develop hand-eye coordination and recover lost motor skills. This can have a major positive impact on users overall quality of life.



Muscle Strength

Using accessories such as 1kg soft weights to increase the intensity of ActivityWall activities, players can squat and reach to hit out the pods. These repeated actions help to build muscle strength, essential for routine daily movements – as fundamental as raising from a chair unaided.



Mood

Exercise releases endorphins into the blood stream, and the ActivityWall adds competition and stimulation, providing an enjoyable cognitive challenge. Whether playing individually or in groups, a users mood is lifted as they release stress through movement.



Mental Alertness

ActivityWall games challenge reaction time and visual alertness as players search for the lights to score points. Each game tests a different skill – from selective, sustained and flexible attention, to decision making, strategic thinking and logic.



Executive Function Skills

These mental processes help us plan, focus, remember instructions, react to change and juggle multiple tasks successfully. These processes can fade with age or with the progress of neurological conditions, so regular ActivityWall use helps to maintain and improve them.



An Accessible Activity for All...

ActivityWall games can be tailored towards each individual, with intensity and duration easily altered to suit different levels of ability, fitness and mobility. The ActivityWall programs are also suitable for users with sensory processing and neurological disorders such as dementia, MS, stroke and cerebral palsy.

All ActivityWall activities are simple to understand and are particularly effective for motivating users to be more:



Physically active



Mentally Alert



Socially Engaged



Committed to rehabilitation exercise





Watch our
ActivityWall in Action...

SCAN ME



Key Customers Include...

NHS
Berkshire Healthcare
NHS Foundation Trust

Inspired
Villages
The *best* years of your life?

ExtraCare

NHS
Royal National
Orthopaedic Hospital
NHS Trust

NHS
Sheffield Health
and Social Care
NHS Foundation Trust

NHS
Oxford University
Hospitals
NHS Foundation Trust

Brainkind

Evelina
London
Children's Hospital

Available Formats



Portrait

This encourages reaching and squatting movements. Pods can be isolated for users with limited reach.



Landscape

Effective for improving peripheral vision and lateral movement. Ideal for wheelchair users and exercise in pairs.



Compact Duo

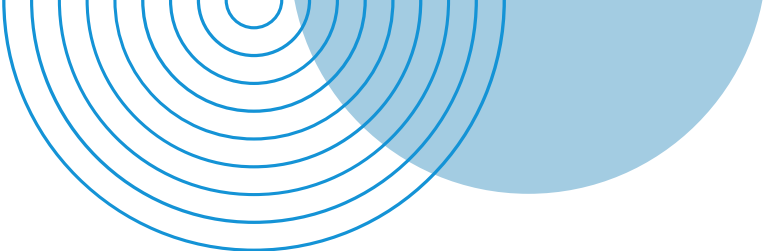
Two half-size Activity Walls, an excellent team activity for pairs and groups.



Custom Graphics & Mobile Stands

Options to have custom graphics displaying your company logo and branding on your Activity Wall is available.





allOffice



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